

I'm a Nature SmART Kid:

- I took a walk in the  woods.
- I put my toes in an ocean, lake, river or stream. 
-  I planted a seed and grew a plant.
- I found rocks or seashells outdoors. 
-  I saw an animal that lives outdoors and drew a picture of it.
- I created a book or story about the outdoors. 
-  I made up a song or dance about playing outside. 
- I wrote or told a friend or relative about what I like to do outdoors. 
-  I found a quiet spot outdoors where I sat and listened to the sounds of nature. 
- I flew a kite or played a game with the wind. 